

EVERY DAY

with **RACHAEL RAY**

the comfort ISSUE!

rachaelraymag.com

113
RECIPES
TIPS that hit
the spot

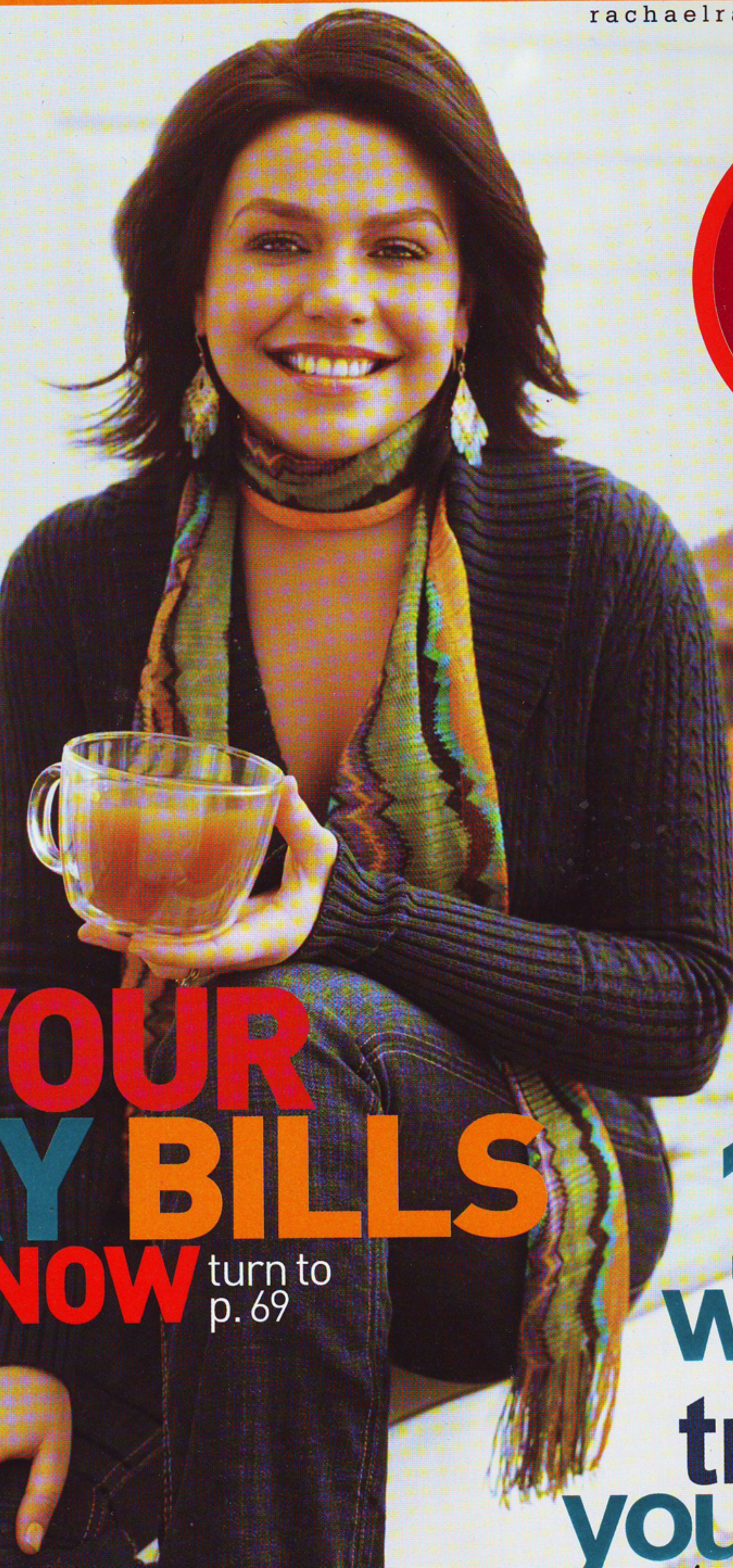
free style how to score
a new look for nothing (p.130)

all about
barbecue!

Lip-smacking ribs, pork
and brisket PLUS the best
rubs, spices and sauces

**SLASH YOUR
GROCERY BILLS**
RIGHT NOW turn to
p. 69

15
ways
to
treat
yourself

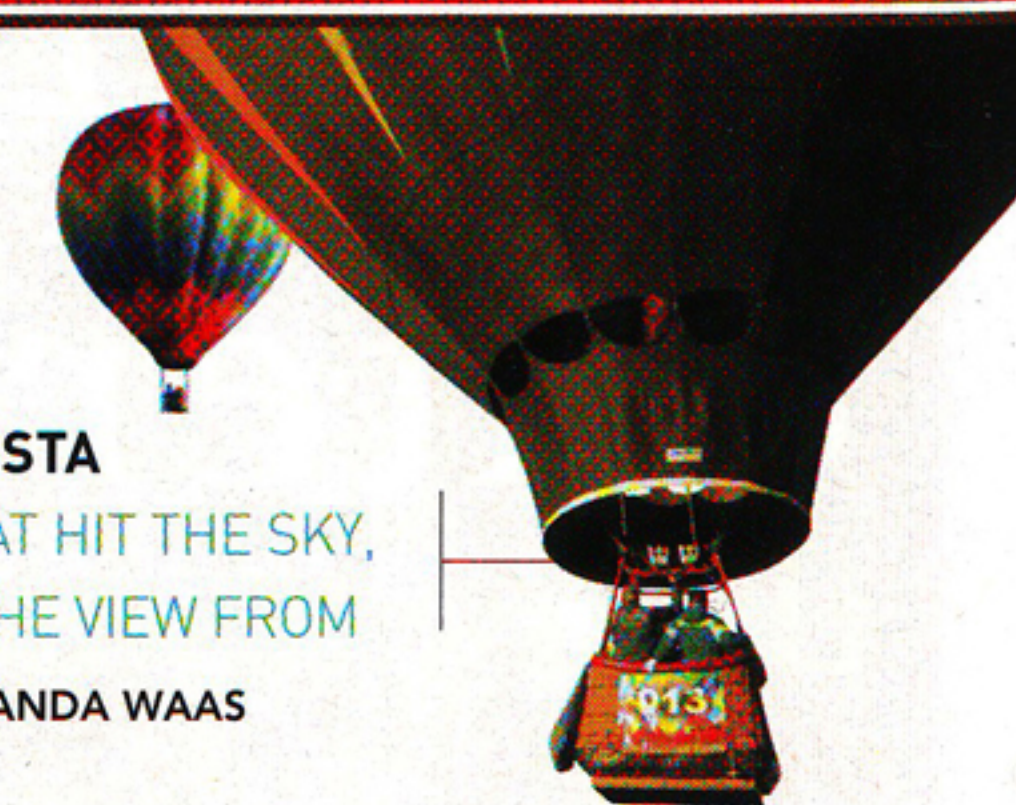


30
MINUTE
MEALS

> TIMING IS EVERYTHING <

10.04
10.12

GET HIGH AND MIGHTY AT THE **ALBUQUERQUE INTERNATIONAL BALLOON FIESTA** (BALLOONFIESTA.COM). HOP A RIDE IN ONE OF THE 700 HOT AIR BALLOONS THAT HIT THE SKY, THEN RAISE A GLASS OF FREE CHAMPAGNE TO COOL YOUR NERVES. OR ENJOY THE VIEW FROM THE GROUND WHILE SAMPLING HAND-ROLLED BREAKFAST BURRITOS. —AMANDA WAAS



SOFT LANDING

Having slept on our share of organic bedding, we know most of it is a snooze to look at. **PLOVER ORGANIC's** pillows, sheets and quilts, on the other hand, are a dream come true. They're both style- and earth-conscious. Mix and match their playful patterns and rest easy over chemical-free cotton and low-impact dyes. We love these pretty pillowcases in new fall prints. (\$15 to \$24, ploverorganic.com)

THIS JUST IN

There's a new chocolate chip cookie in town—and this one's got a cool twist. **NESTLÉ TOLL HOUSE LIMITED EDITION MINT SWIRLED CHOCOLATE CHIP READY-TO-BAKE COOKIES** (\$3.50, in supermarkets) are topped with minty chocolate morsels that will hold you over until candy cane season rolls around.

USE IT IN: Mint Chocolate Chip Cookie Shake

Crumble freshly baked cookies into a chocolate milkshake before blending. Top with minty whipped cream (stir ½ teaspoon peppermint extract into 1 cup whipped cream) and chocolate chips.



feast for the eyes

Pairing red wine with red meat is a given. Pairing the right outfit with a meal—that's trickier. Help is on the way: Take these style cues from **CLINTON KELLY**, co-host of TLC's *What Not to Wear*, whose new book, *Freakin' Fabulous*, debuts this month (\$25, *Simon Spotlight Entertainment*). —COURTNEY BALESTIER



THE SCENE Football tailgate
THE MEAL Buffalo wings

"Ditch the baggy sweatshirt and support your team without looking like a shapeless lump. Layer for warmth and wear team colors under a structured jacket. Cotton and corduroy are easy to wash, in case hot sauce lands on your lapel. Need more spirit? Buy a foam finger!"



THE SCENE Shopping lunch break
THE MEAL Pizza

"A comfortable (but fabulous) shoe is essential for power-shopping. I recommend a heel: You'll be able to tell what the clothes you try on will actually look like. A cashmere sweater and knee-length skirt are easy to take on and off in the dressing room, but still look neat."



THE SCENE Date night
THE MEAL Surf and turf

"That's easy: a pencil skirt and a ruffled blouse. It's down-to-earth (that covers the turf part) but still flirty and flowy (like the sea). And, by the way, no lobster is worth ruining your blouse: Ask the chef to shell it for you. You'll also spare your date from watching you dissect it."



THE SCENE Hosting a dinner party
THE MEAL Penne alla vodka

"Wear a dress when hosting. It's one piece to throw on and it looks fancy. Go for something sleeveless to keep cool in the kitchen, and opt for a big cocktail ring instead of bangle bracelets—they'll make a distracting clanging noise while you're stirring the vodka sauce."