

EVERY DAY

with RACHAEL RAY

bring on
SUMMER!
422
RECIPES
& **TIPS** to max out
the season
BURGERS
YOU'LL LOVE
COOL BACKYARD
BASHES
INCREDIBLE
ICE CREAM
AND
MORE

all new
30-MINUTE
MEALS

SPECIAL
DOUBLE
ISSUE

MEGA
SAVINGS
INSIDE!
style **STEALS** for everybody
dinners for **\$10 or LESS**
VACATIONS that won't
break the bank

pick me up
and take me
to the beach!



RECYCLED PAPER



ENDLESS SUMMER

Looks like we won't have to say goodbye to outdoor events even when the fine weather fades.

① **FARMERS' MARKETS** Shop for fresh seasonal produce, grass-fed meats, and honey and cheese sourced from nearby growers year-round at localharvest.org. ② **LIVE MUSIC** When you can't watch bands from the lawn at your favorite outdoor pavilion, break out your drink cozy and watch live concerts on demand from **AOL Music** (music.aol.com). See the full show or pick your favorite tracks. ③ **TAG SALES** Rummage through goods for sale in your zip code on frimp.net—or post your own to sell—then arrange a pickup or shipment. The site lets you print flyers to advertise your sale around the 'hood.

MAKE DAD'S DAY BY... Turning his John Hancock into a computer font (\$9). Download and print the handwriting template from fontifier.com and have him fill in the letters of the alphabet and other characters. Then scan and upload his work, choose a name (like "Dad's Chicken Scratches"), and his personal type style will be ready to download instantly.



decode your dinner guests

Discover what they *really* think about your cooking. Body language expert **Patti Wood** says to look for these telling gestures. —ELIZA BORNE



Closed eyes

When food tastes really good, some people shut their eyes to block out other senses and enjoy it. Take this as a sign that you did something right!



Stomach touching

Often assumed to mean someone is full, touching the stomach after eating actually signifies satisfaction. "They want to hold in the pleasant feeling," says Wood.



Scrunched nose and lips

Unhappy eaters might slightly turn up their noses and lips when they're displeased with a bite. It lasts an instant, so watch the person you most want to satisfy.



Turning away

Whereas people who like their food will surround their plate, those who don't will often lean away, pulling back their chests or leaning against the back of the chair.



HOW TO...

REMOVE A STUCK ITEM FROM A VENDING MACHINE

It's the best cure for the midday slump—until the machine's evil coils conspire against you. Mark Koerner, founder of DVC Vending, warns that shaking a machine is dangerous, but these handy approaches might free your snack. —AMANDA WAAS

IF YOU'RE...

AN INTERN Wait several seconds. You're a child of the techno boom, so you know that modern machines are equipped with new Golden Eye technology that will detect the jam and dispense your snack.

A STRESSED-OUT ASSISTANT You need chocolate (now) and are too underpaid to put in 75 more cents! But before you start kicking the machine, try opening and closing the door a few times. If the motion doesn't jostle it loose, the suction might.

A VICE PRESIDENT You're all business, all the time, so you know how to get someone else to take care of this. Alert your company about the snag: "Some offices have petty cash for reimbursing people," says Koerner.