

EVERY DAY

with RACHAEL RAY

rachaelraymag.com

HELP for the
HOLIDAYS
5 THINGS
EVERY COOK
NEEDS p.82

dinner
DONE BETTER!
(for as little as \$8)

pecial
DOUBLE
ISSUE

win it!
two tickets
to the
RACHAEL RAY
SHOW

FREE

\$145,463
WORTH
of PRIZES
INSIDE!

the new
fast food

525
new recipes,
cooking fixes
and easy
party ideas
plus how to
make every
meal matter

what's
in it
for you?
find out
on page 12

FREE gifts

RECYCLED PAPER

YUM

YOU'VE BEEN SERVED

We'd choose an old-school diner over a tricked-out restaurant any day of the week. Sure, the **comfort food draws us in, but we keep coming back for the no-nonsense service.** A newly published book by Candacy A. Taylor, *Counter Culture: The American Coffee Shop Waitress* (Cornell University Press, \$20), celebrates that spirit. We let the waitresses speak for themselves.

"I've always said that unless you love people, you shouldn't be a waitress."

JEAN JOSEPH
Al's Good Food Café,
San Francisco
60 years



"Waitressing is my world."

I don't just wait on people; I want them to feel pleasantly, make sure everything is hot. I pick up their orders right away, then coffee should be nice and hot and tasty. I made an art out of it."

RACHEL LELCHUCK
retired from Louis' Restaurant
San Francisco
55 years



"If I get too busy, I stand in the middle of the room and let [people] know what's going on. They'll get the coffeepot and serve it for me. And some even clean my tables."

LINDA EXELER
Colonial Cottage
Erlanger, Kentucky
38 years



"In all the years I've been here, I can count on one hand all the times I've called in sick, and I'd have three or four [fingers] left over. I don't care if I have a backache or sore foot. I come to work."

JODELL KASMARSKI
Pie 'n Burger,
Pasadena, California
52 years



MAKE HOLIDAY TREES GREENER

Organizations around the country are putting discarded pines to good use making fertilizer, generating electricity and restoring sand dunes (they act as wind blockers). Many will pick up the trees for a small donation. Call 800-CLEANUP or log on to earth911.org.



Jessica never would
have guessed
popcorn this good
could be 94% fat free.

You'll have to try it to believe it.



per serving

Oh yum!